



Urgent

Direct Access Form

Patient Details

Name _____

Date of Birth _____

Contact Number _____

Your Appointment

Date _____

Time _____

It is important you bring this form to your appointment

Required Procedure

- Gastroscopy
- Colonoscopy
- Gastroscopy and Colonoscopy
- Iron Infusion
- Flexible Sigmoidoscopy
- Other.....

Clinical Details



Referring Doctor Stamp

- Previous Endoscopic Procedure
Date.....

Indicate if patient:

- Gastroscopy BMI > 40
- Colonoscopy BMI > 45
- Diabetic on medication
- Significant cardio/respiratory/renal comorbidities
- Limited mobility
- Chronic constipation



**VICTORIAN
GUT CENTRE**
Digestive Health & Endoscopy

Contact Us – All Correspondence
119 Plenty Road, Bundoora VIC 3083
T 9466 8466 F 9466 8455
E reception@vicgut.com.au
W vicgut.com.au

Patient Information

For patients having a Colonoscopy or Gastroscopy

- Please submit your Vic Gut pre admission form ONE WEEK before your procedure date
- Allow up to three hours for your gastroscopy or colonoscopy from drop off to pick up
- You should not operate machinery or undertake critical work for a minimum of 12 hours after your procedure
- Medical or Carer certificates can be provided if required

The Victorian Gut Centre

Mon - Fri from 7:00am - 5:00pm

If you are unable to keep your appointment please advise us as early as possible.



Frequently Asked Questions

Preparation

Please follow the instruction sheet provided or visit our website to find additional information

Medications

Please advise us at least a week before procedures if you are taking any blood thinning or diabetes medications so that instructions can be provided. All other medications can be taken as usual with a sip of water.

Bowel preparation

If you are booked for a colonoscopy you will need to purchase a bowel preparation to clear your colon / large bowel. Carefully follow the instructions provided by our staff and check our website for our instruction video if needed. If you have chronic constipation please contact us for additional information.

Travel

Someone should be arranged to drop you off and take you home, temporary parking is available on site. You must not drive for the remainder of the day after your procedure. We advise you to have someone stay with you overnight.

Appointment Time

You will be contacted 3 days before your scheduled procedure with your exact arrival time please ensure you arrive at the scheduled time, appointments are staggered to minimise waiting. Your length of stay will be approximately two to four hours, including waiting, preparation and recovery time.

What happens on the day?

You will be greeted by our administrative staff and any residual paperwork will be completed, assessed by a nurse and seen by both the Endoscopist and Anaesthetist prior to your procedure. You will have time to ask any questions you may have.

Any Questions?

If you have any questions about your procedure do not hesitate to contact us via phone, email or in person.

Melbourne's Premier Comprehensive Gastrointestinal Centre